

Hi Surati,

This is Frank, Gwynnyth Pecenka's husband. It's been quite a while since I saw you last and I had a breakthrough private session with you that changed everything. I just found and read this link and could not help but see the connection regarding myself and how my session with you changed everything and started me down the road to improving health.

My session with you resulted in me finally being able to let go of the incredible anger and rage that I have carried for most of my life and that also gave me justification for my position as a victim. Here are some of the problems that this ingrained mindset caused me. I had a very sickly childhood having almost died from whooping cough followed by severe food and environmental allergies and chronic asthma. I was also plagued by severe and at times debilitating back pain for most of my adult life that resulted from a childhood fall that broke a vertebrae in my lower back. My problem only worsened in my own later years when I was placed in a total immersion environment of being in frequent close proximity to my childhood abuser, who being elderly themselves, now needed my assistance, help and care. This started a further downhill spiral of my overall health, which resulted in a train wreck of frequent infections in various parts of my body, several bouts with pneumonia, borderline diabetes and finally emergency surgery for a gangrenous appendix which had started to spread.

I feel that since our session and my letting go of the past my overall health has improved, and I'm currently not having to take any prescription medications at all! I look forward to having my health completely restored, so that in the autumn of my physical life I can enjoy a quality of life that has eluded me for far too much of it. Thanks again Surati for your help and feel free to share my story with anyone that you feel might benefit from hearing it.

Kindest regards,
Frank